

Practical ENT Introductory Course Programme

Queen's University Hospital, Rom Valley Way, Romford, RM7 0AG

- 8.30-8.50** Coffee & Registration (Start will not be delayed)
- 8.50-9.00** **Welcome to ENT: Mr Paul Chatrath**
- 9.00-10.00** **In A&E: Mr Paul Chatrath**
Ears pinna haematoma, perichondritis, acute perforation, sudden hearing loss, mastoiditis
Nose: Epistaxis, FB, fractured nose, facial & nasal lacerations, septal haematoma/abscess, peri-orbital cellulitis
Throat FB, Glandular fever, tonsillitis, peritonsillar & para/retro pharyngeal abscess
- 10.00-10.20** **Risks of common operations: Mr Serge Pal**
- 10.20-10.40** **Been there/done that..... SHO tips: Mr Rishi Talwar**
Admit or not, GP calls, asking for advice, consent, networking
- 10.40-11.10** **Coffee & Refreshments**
- 11.10-12.15** **In the Emergency Clinic/Walk in Clinic: Mr Mike Papesch**
Ears: Wax, otitis externa, chronic discharging ears, removal of batteries/packs and other foreign bodies, malignant otitis externa.
Nose: Removal of packs, facial pain/?sinusitis, Skin Prick testing
Throat: Neck masses/lumps
Airway/stridor: epiglottitis, FB, angioedema, tracheostomies
- 12.15-12.45** **Radiology: Dr Sanjiv Chawda**
What XR for what. Lat soft tissue neck XR. CT Sinuses. Nasal fracture XR (medicolegal). Sinus XR (? Value). MRI vs CT. MRI IAMs
- 13.00-13.45** **Lunch (Education Centre)**
- 13.45** **Off to clinic, 1st Floor, ENT Outpatients.**
- 14.00 -15.30** **Practical Stations in rotation: 7 stations, each 20 mins**
- (1) **Ear Examination:** Ear exam, tuning forks, hearing test, tympanometry, vestibular function testing, Epley's manoeuvre.
 - (2) **Nose Examination & Flexible Nasendoscopy:** Nose exam, nasal air flow, anterior rhinoscopy, allergy tests (skin prick tests), sinus x-rays.
 - (3) **Flexible Nasendoscopy**
 - (4) **Throat/Head & Neck Examination:** Mouth, oropharynx, voice, lumps & bumps, incl. cranial nerves & FNAC
 - (5) **The Ear Microscope**
 - (6) **Nasal Packing & Cautery**
 - (7) **Tracheostomy management**
- 15.30-15.50** **Coffee**
- 15.50-16.50** **Rotation Stations cont'd**
- 16.50-17.00** **Close, evaluation forms/feedback, Certificates**