

# Practical ENT Introductory Course Programme

- 8.30-8.50** Coffee & Registration
- 8.50-9.00** **Welcome to ENT: Mr Paul Chatrath**
- 9.00-10.00** **In A&E: Mr Paul Chatrath**  
**Ears** pinna haematoma, perichondritis, acute perforation, sudden hearing loss, mastoiditis  
**Nose:** Epistaxis, FB, fractured nose, facial & nasal lacerations, septal haematoma/abscess, peri-orbital cellulitis  
**Throat** FB, Glandular fever, tonsillitis, peritonsillar & para/retro pharyngeal abscess
- 10.00-10.20** **Risks of common operations: Mr Serge Pal**
- 10.20-10.40** **Been there/done that..... SHO tips: Mr Rishi Talwar**  
Admit or not, GP calls, asking for advice, consent, networking
- 10.40-11.10** **Coffee & Refreshments**
- 11.10-12.15** **In the Emergency Clinic/Walk in Clinic: Mr Mike Papesch**  
**Ears:** Wax, otitis externa, chronic discharging ears, removal of batteries/packs and other foreign bodies, malignant otitis externa.  
**Nose:** Removal of packs, facial pain/?sinusitis, Skin Prick testing  
**Throat:** Neck masses/lumps  
**Airway/stridor:** epiglottitis, FB, angioedema, tracheostomies
- 12.15-12.45** **Radiology: Dr Sanjiv Chawda**  
What XR for what. Lat soft tissue neck XR. CT Sinuses. Nasal fracture XR (medicolegal). Sinus XR (? Value). MRI vs CT. MRI IAMs
- 13.00-13.45** **Lunch (Education Centre)**
- 13.45** **Off to clinic, 1<sup>st</sup> Floor, ENT Outpatients.**
- 14.00 -16.50** **Practical Stations in rotation: 7 stations, each 20 mins**
- (1) **Ear Examination:** Ear exam, tuning forks, hearing test, tympanometry, vestibular function testing, Epley's manoeuvre.
  - (2) **Nose Examination & Flexible Nasendoscopy:** Nose exam, nasal air flow, anterior rhinoscopy, allergy tests (skin prick tests), sinus x-rays.
  - (3) **Flexible Nasendoscopy**
  - (4) **Throat/Head & Neck Examination:** Mouth, oropharynx, voice, lumps & bumps, incl. cranial nerves & FNAC
  - (5) **The Ear Microscope**
  - (6) **Nasal Packing & Cautery**
  - (7) **Tracheostomy management**
- 15.30-15.50** **Coffee**
- 16.50-17.00** **Close, evaluation forms/feedback, Certificates**